

East West College instructors are hired for their professional training, expertise, and their teaching abilities. Bodywork instructors have a minimum of two years education and practice in the subject they teach. Science instructors have a university degree in science or a health-related field or appropriate undergraduate coursework. All East West College instructors continually strive to inspire excellence and provide an environment that encourages student success. Students find the instructors are warm, caring, compassionate, well-trained and experienced.

**Amy Bennett, L.M.T.** Amy is a graduate of East West College, has been practicing massage since 2004, and has been a faculty member at EWC since 2006. Amy teaches Massage I, Deep Tissue Massage, and a monthly Introduction to Massage class for prospective EWC students. Her private practice is focused on deep tissue, rehabilitative and sports massage. She has practiced in a variety of settings, from chiropractic offices to the East West College Professional clinic, and has traveled to provide massage therapy to cyclists both in the U.S. and abroad.

**Dana Davis, B.S., C.Y.T, L.M.T.** Dana is a graduate of the University of Oregon, East West College, and is also a Certified Yoga Teacher. She was first drawn to bodywork while teaching yoga, and this naturally progressed to becoming an L.M.T., which she achieved in 2007. In her private practice, Dana focuses on facilitating the body's natural healing abilities in clients suffering from car accidents, sports injuries, chronic tension, illness, and stress. She loves working with students to help them thrive in school and be well-prepared for their professional pursuits.

**Sarah Davis, B.A., L.M.T.** Sarah earned her B.A. with honors from Bard College and received her massage therapy education at Lane Community College. She has several years of medical laboratory experience and is also a trained herbalist. She has a keen interest in the emotional and physical healing enabled by massage therapy and especially enjoys her work with geriatric clients. Endlessly fascinated by the human body, Sarah hopes to inspire in her students the same passion for learning and discovery

**Lori Fish, D.C.** Lori graduated from UC Santa Barbara and from Life University in Atlanta, and has been a practicing Doctor of Chiropractic since 1999. She specializes in nutritional detoxification and supporting people on their journey toward health, and is also a Bradley childbirth instructor. She co-owns two clinics in Portland that provide a variety of healing modalities, including chiropractic, nutritional counseling, acupuncture and massage. Lori has a passion for learning and teaching about the human body. She teaches Anatomy & Physiology at East West.

**Cyr Foote, B.A., L.M.T.** Cyr is a graduate of Eckerd College in St. Petersburg Florida, and the Suncoast School of Massage. She holds a degree in social work and has been a Licensed Massage Therapist since 1991. Her practice encompasses many modalities, including craniosacral therapy, myofascial release, pregnancy massage, aromatherapy and reflexology. She has teaching experience in kinesiology, massage Technique and craniosacral Therapy. Cyr feels the opportunity to teach is a gift, and through it strives to give back and share her endless sense of awe and fascination with the human body.

**Mary Gunter, L.M.T.** Mary is a graduate of East West College, and has a background in plants, natural health and bodywork. She has been practicing massage since 2001 and has been teaching massage and

science classes since 2003. Mary is excited to bring her experience and enthusiasm to East West College as a Kinesiology instructor.

**Ann-Marie Hall, LMT** Ann-Marie is a graduate of East West College and has been in private practice since 2010. She has experience in a variety of modalities, but her focus is predominantly on Deep Tissue, Myofascial, and Thai massage. Her practice is mostly therapeutic work and accident recovery. Ann-Marie loves massage and the business of massage and sharing her passion for both. It is her goal to help students find their passion and to offer practical help to make their dreams reality.

**Jon Hart, L.M.T.** Jon has been a member of the East West faculty since 1993. During this time, he has taught a wide variety of classes, from introductory massage and kinesiology to advanced work in Shiatsu, deep tissue and sports massage. Jon's professional practice is varied as well, as he works with everyone from elite athletes to people recovering from accidents. Jon's teaching style is enthusiastic, varied and focused on learning; he is a knowledgeable and well-loved instructor.

**Gretchen Hogue, B.A., L.M.T.** Gretchen holds a B.A. from Bard College in upstate New York and is also a graduate of East West College. She practices Thai Massage with a focus on prenatal and postpartum women. In addition to her massage practice, Gretchen also teaches prenatal and postpartum yoga, as well as infant massage workshops for new parents.

**Linda Hunt, L.M.T.** Linda is a graduate of East West College and has been a Licensed Massage Therapist since 1991. She has taught Introductory Massage Techniques, Clinic and Polarity Therapy at East West College for several years. She has taken advanced training in Polarity Therapy and earned her certification of Associate Polarity Practitioner through the American Polarity Association in 1997. She has a part-time practice in SE Portland specializing in polarity, craniosacral therapy, spiritual guidance and massage. Linda blends technique, knowledge, intuition and a sense of fun to create a very positive learning experience for her students.

**Marta Lange, B.A., L.M.T.** Marta is a graduate of the Evergreen State College and East West College. Inspired by her study and practice of hatha yoga, Marta began her massage therapy education in 2004 at the Kripalu Center for Yoga & Health. Her professional massage experience includes working in the EWC Professional Clinic, a chiropractic setting, and a mobile massage private practice. Marta teaches Swedish Massage, Therapeutic Relationships, and Treatment Planning. She is also the Massage Events Coordinator for EWC, training and supervising massage volunteers in the fundamentals of mobile and event massage.

**Allison Lurie, L.M.T.** Allison is a graduate of East West College and the Louisville School of Massage, and has been practicing massage and bodywork since 1997. She teaches many classes at East West, but specializes in Thai Massage. Allison has studied extensively in Thailand with several teachers, primarily Pichet Boonethumme. Her love for Eastern-focused bodywork has allowed her to create a thriving practice in SE Portland, in which she hosts workshops, mentor groups and annual student trips to Thailand. Her students find her teaching style warm, calming, compassionate and inspiring.

**Sande Mullany, L.M.T.** Sande attended New York University's School of the Arts for four years, freelanced in New York City theater and festivals for ten years before finding her passion: Shiatsu. She began her training in 1987 at the Ohashi Institute in New York, and worked as a practitioner and instructor before moving back to Portland with her husband and daughter. She attended East West College in 1991 and became licensed in 1992. Sande taught at EWC from 1992-1999 and at Oregon College of Oriental Medicine from 1995-2004, and is very pleased to be back at EWC today. She is in private practice in downtown Portland, and is a provider in the Immune Enhancement Program in SE Portland.

**Jonathan Primack, B.A., L.M.T.** Jonathan is a graduate of State University of New York and East West College, and considers his time at East West as a student one of the greatest periods of his life. He currently owns his own bodywork business in downtown Portland, specializing in Deep Tissue, Trigger Point and Thai Massage with a focus on injury recovery and chronic problems. He also travels periodically to Thailand to study bodywork at the International School of Thai Massage. Jonathan teaches Deep Tissue Massage, Kinesiology and Massage II.

**Padeen Quinn, N.D.** Padeen graduated from the University of Montana and the National College of Naturopathic Medicine. She enlivens her lectures in the science curriculum with her passion for holistic healing. She is in private practice as a naturopathic physician specializing in endocrinology and mental health.

**Sheila Resari, B.A., L.M.T.** Sheila is a graduate of Wellesley College and the Boulder College of Massage Therapy. She has taught Deep Tissue Techniques, Anatomy and Physiology, and Kinesiology. In her private practice, she guides clients to greater comfort and freedom in their bodies using subtle, deep tissue massage. Sheila enjoys yoga, hiking, and riding her bicycle.

**Pamela Sundin-Hart, M.A., L.M.T.** Pamela is a 2003 graduate of East West College and holds a Master's Degree in Education from the University of California at Santa Barbara where she also worked in Student Services. Combining a passion for learning with experience both in busy clinics and private practice as an L.M.T., Pamela's courses are focused on her students getting the most information and guidance possible while having fun.

**Alex Susbauer, B.A., L.M.T.** Alex has broad experience in education, physical education, biomechanics and anatomy. A graduate of Whitman College, he was an All-American NAIA swimmer, has worked as a swim team coach and is also trained as a public school instructor. Alex's approach to teaching is creative and energetic, and he is always looking for new ways to address a subject, experimenting with novel techniques and approaches. His practice focuses on Thai Massage (he studied Thai Massage at the International School of Thai Massage in Chiang Mai, Thailand), as well as Trigger Point and related modalities.

**Debbie Taylor, BS, LMT** Debbie is a graduate of East West College and the California College of Holistic Health, and studied Ayurvedic massage while working at the Deepak Chopra Center for Well Being.

In her massage practice, she helps clients work with the body-mind connection and the cultural aspects of sickness and health in their healing journey. She also works as a spa consultant. Her extensive teaching, practice and spa management experience as well as her compassion for her students make her an ideal teacher.

**Fara Tucker, LCSW** Fara received her MSW from Portland State University. She has worked as a counselor or social worker in a variety of settings since 1999 and came to East West College in 2010 to serve as Dean of Students. Fara has spent years providing support services in academic settings, which has allowed her to blend her professional passions for social work and education. She loves having the opportunity to witness students achieving their goals, often in spite of significant personal and academic challenges. She enjoys teaching Therapeutic Relationships because it allows her to engage in dialogue with students about topics that are close to her heart, personally and professionally.

**Lisa Ann VanAlstine, B.A., L.M.T.** Lisa Ann graduated from East West College in 1998, earned a B.A. in Spanish from Portland State University in 2003, and is currently working toward attaining her Bachelor of Science. In addition to being a practicing Licensed Massage Therapist, Lisa Ann is also a Certified Stott Pilates Instructor and Personal Trainer. Her passion for healing and helping others translates into a creative, hands-on classroom environment. She teaches Kinesiology, Massage and Spa classes at East West.

### **Management Team**

East West College is managed by a President and an Oversight Committee. The Oversight Committee is responsible for running and reviewing day-to-day East West College operations, as well as strategic and long term planning approved by the President. The Oversight Committee consists of David Slawson, President; Brad Carbone, Director of Finance; and Erika Baern, Director of Education.

### **Founder and President**

#### **David Slawson, B.S.**

EWC is a corporation owned by its Founder and President, David Slawson. The President is responsible for overseeing the college's long-term planning and coordinating the activities of the management team. David is a graduate of Portland State University and a retired massage therapy practitioner. He provides the underlying direction and intention behind the East West College. Thirty years ago David became very interested in increasing the options for health care in the Pacific Northwest. He had a vision to establish a center built on the promise of delivering excellence and where the powerful healing art of Massage Therapy could be taught. Today East West College has a beautiful campus in Portland, where students and practitioners from all over the country come to train.

Continuing the pursuit of his dream to bring health and safety to the world and heal the environment, David began spearheading a global project to bring the benefits of alternative energy resources to the world. In 1995 David began his company, Stirling Energy Systems, in Phoenix, Arizona, which has become a leader in developing cutting-edge technologies to provide the world with clean, cost-effective, efficient energy from renewable resources including solar, wind, biogas, and hydrogen.

### **Director of Education**

#### **Erika Baern, M.A.**

The Director of Education is responsible for the college's curriculum and faculty. Her duties include research and development, faculty procurement and training, scheduling and maintaining educational policies and accreditation standards. All faculty members report to the Director of Education.

For the previous six years, she was the Education Director at Muscular Therapy Institute in Massachusetts (MTI), where she graduated as a student in 1991, then served as a member of the faculty, as the Dean of Faculty and finally as Education Director. She has taught technique, clinic, ethics, business and learning styles. In addition, Erika served as a Commissioner with the Commission on Massage Therapy Accreditation (COMTA) for six years.

### **Director of Finance**

#### **Brad Carbone, B.S., Post-Bac**

The Director of Finance is responsible for the college's financial health and business services. His duties include financial reporting, hiring and training in business services positions, facilities maintenance, and all financial personnel report to him.

Brad is an Oregon native who graduated from Portland State University, and has worked in several different industries prior to coming to East West College. For the prior five years, he was with Waste Management in positions responsible for everything from monthly financial reporting to auditing and statistical analysis development.